



Lambda Psi Nu Conference Itinerary

DELTA HOTEL Virginia Beach, VA

Friday, June 3rd, 2022

Diabetes Navigation Program: Supporting our Community from Diagnosis to Self-care.

The patient navigation program motivates and educates patients and supports them in changing behavior to help them manage their diabetes effectively. The patients enrolled in the patient navigation program had greater understanding of diabetes after the program and, on average, their hemoglobin A1c level decreased by 1%.

Diabetes 101: Preparing Our Community- 8am-9am

Speaker: Ottamissiah Moore BS, RN, WCC, DWC, CHPN

Diabetes is a chronic (long-lasting) disease that affects how your body turns food into energy. There are three main types of diabetes: type 1, type 2, and gestational diabetes (diabetes while pregnant). More than 122 million Americans are living with diabetes (37.3 million) or prediabetes (96 million).

Differentiate between Diabetes Mellitus Type 1 and Type 2 and Review Management Strategies 9am-10am

Speaker: Stacy D. Winters M.Ed. MSN CRNP

If you have diabetes, your body either doesn't make enough insulin or can't use the insulin it makes as well as it should. When there isn't enough insulin or cells stop responding to insulin, too much blood sugar stays in your bloodstream. Over time, that can cause serious health problems, such as heart disease, vision loss, and kidney disease.

Diabetes Epidemic 10am-11 am

Dr. B. David Blake, MD, DABFM

Diabetes Mellitus:
A 21st Century Epidemic
Objectives:

- *Define Diabetes Mellitus
- *Define pre-diabetes and risks factors

The Emotional Impact & Grief related to a Diabetes Diagnosis 11am-12pm

Kristopher Halsey, PhD, D. Div

Objectives:

- *Identify the many complications of diabetes
- *Identify the complicated stages of emotions with a diabetes diagnosis

Compassion and Choices when managing Chronic Illness

Speaker: Ottamissiah Moore BS, RN, WCC, DWC, CHPN

Is an organization dedicated to improving care, expanding options and empowering everyone to chart their end-of-life journey.

Planned Objectives

- Prevalence of Diabetes in the US
- Describe the pathophysiology, diagnosis and clinical manifestations of diabetes mellitus
- Differentiate between Diabetes Mellitus Type 1, Type 1.5 and Type 2
- Diabetes Management
 - Lifestyle
 - Pharmacotherapy
 - Oral Medications
 - Injectable
 - Insulins
- Complications related to Diabetes Mellitus
 - Diabetes Retinopathy
 - Diabetes Nephropathy
 - Diabetic Foot Ulcers
- Technology
 - Continuous Glucose Monitors
 - Meters
 - Insulin Pumps
- Managing Chronic Illness
 - Understanding the trajectory of the chronic illness
 - Pain management
 - Nutrition Management
 - Hospice and Palliative Management
 - Exploring Chronic Illness Choices
- Clinical Pearls when working with patients who have Diabetes
- Rapid Review
- Question and Answer